

Once-a-day drink helps bring relief to osteoarthritis sufferers.

Arthroflex is a daily joint supplement, taken in the form of a pleasant tasting drink, available from pharmacies throughout Australia. It's formulated to help increase joint mobility and relieve pain caused by osteoarthritis.

What is Arthroflex?

Clinical studies have proven that the Arthroflex formulation is an effective treatment for osteoarthritis. Arthroflex decreases the symptoms (joint pain, swelling etc.) and the progression of osteoarthritis. Each Arthroflex pack contains 30 sachets – a month's supply. Arthroflex contains Glucosamine sulphate, Vitamin C and Manganese in a convenient one-a-day dose.

How does Arthroflex work?

Arthroflex works by helping your body to regenerate the living articular cartilage that osteoarthritis destroys. Articular cartilage is a white, shiny material that covers the ends of bones. It absorbs shock and provides a smooth surface for movement. As the cartilage re-grows with Arthroflex treatment, there is an increased cushioning effect and this then helps reduce the pain associated with osteoarthritis. Arthroflex also possesses a mild anti-inflammatory action which helps reduce the pain (without the possible side effects of NSAID treatments).

How do I take Arthroflex?

Dissolve contents of a single Arthroflex sachet in a glass of water for a pleasant, fruit tasting drink either before breakfast or dinner. This one-a-day dose is much more convenient than multiple tablets taken several times a day.

What is the optimal treatment duration?

Due to the mode of action (replenishing articular cartilage), it may take 3 weeks or longer before you feel any significant positive effects. Most individuals will feel an improvement in joint mobility with 8 –12 weeks of treatment of Arthroflex. Recent clinical trial results indicate that long-term (3 years) treatment can prevent joint structure changes and a significant reduction of symptoms.

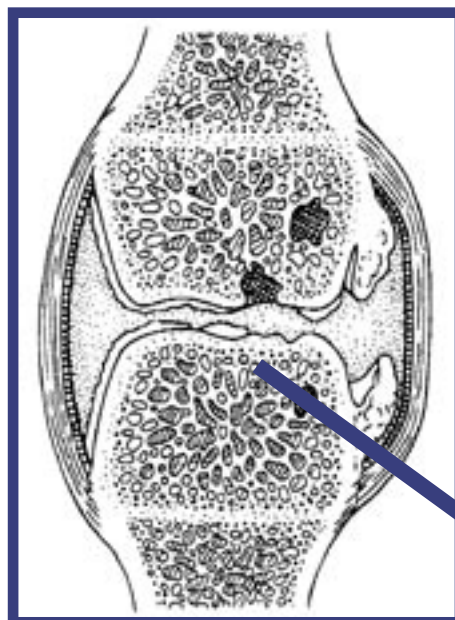


Is Arthroflex an appropriate supplement for healthy, active people?

Glucosamine sulphate nutritionally supports the integrity of the joints and as active people put a lot of pressure on their joints, Arthroflex can be taken as a supplement to support maintenance of healthy joints.

Why is Arthroflex superior?

Arthroflex combines Glucosamine with Sulphur and this combination is beneficial because joint cartilage requires both compounds for its strength and shock-absorbing qualities. Arthroflex is a one-a-day dose, so you don't need to remember multiple doses – like some other products. Arthroflex also contains co-factors Vitamin C and Manganese. This combination provides better results than vGlucosamine alone.



Is Arthroflex safe to take?

Glucosamine sulphate has an excellent safety record, with no demonstrable toxicity and minimal incidence of mild, dose-dependent, reversible side effects, such as gastrointestinal gas. Feedback from Arthroflex users confirms that they are happy with the product's performance and ease of use.

Are there any precautions?

- Safety for young children, pregnant or nursing women, or people with severe liver or renal disease has not been established.
- Because glucosamine is an amino sugar, concerns have been raised that it may contribute to insulin resistance, and people with diabetes should take it with caution.
- Glucosamine sulphate is made from crustacean shells (shellfish) and people who are allergic to seafood should consult their doctor before taking.
- Contains aspartame. Phenylketonuria are warned that this product contains phenylalanine.

Arthroflex is made in Australia by Biotech Pharmaceuticals. Their customer service team is available to help you with any questions you may have.

They can be contacted by phone on **1800 620 898**, or contacted by email at info@biotechpharma.com.au.

Or visit the Biotech Pharmaceuticals website at www.biotechpharma.com.au

Arthroflex helps to regenerate articular cartilage

- References:
1. Reginster, J V et al. Long-term effects of glucosamine sulphate on osteoarthritis progression: a randomized, placebo-controlled clinical trial. *Lancet* 2001; 357: 251- 56.
 2. Hungerford, D S. Treating Osteoarthritis with Chondroprotective Agents. *Orthopedic Special Edition* 1998; 4(1)